



<b>May 8, 2021 Saturday</b> <b>Live Streaming starts at 10:00am ( EASTERN TIME ZONE )</b>  <a href="#">CT1-EP1 Link</a>		
<b>COURT 1 EPISODE 1</b>		
<b>TRADITIONAL INDIVIDUAL POOMSAE</b>		
<b>Time</b>	<b>Division/Gender</b>	<b>Poomsae Class</b>
10:00am - 10:10am	OPENING REMARKS	
10:10am - 10:15am	Little Jins (3-5) Female - Male	Traditional Poomsae
10:15 am - 10:40am	Dragon (6-7) Female - Male	Traditional Poomsae
10:40am - 11:45am	Tiger (8-9) Female - Male	Traditional Poomsae
11:45am - 12:10pm	Junior (15-17) Female - Male	Traditional Poomsae

<b>May 8, 2021 Saturday</b> <b>Live Streaming starts at 1:30pm ( EASTERN TIME ZONE )</b>  <a href="#">CT1-EP2 Link</a>		
<b>COURT 1- EPISODE 2</b>		
<b>TRADITIONAL INDIVIDUAL POOMSAE</b>		
<b>Time</b>	<b>Category</b>	<b>Poomsae Class</b>
1:30pm - 1:40pm	OPENING REMARKS	
1:40pm - 3:00pm	Cadet (12-14) Female - Male	Traditional Poomsae
3:00pm - 3:20pm	Under 30 Female - Male	Traditional Poomsae
3:20pm - 3:30pm	Under 40 Female - Male	Traditional Poomsae
3:30pm - 3:45pm	Under 50 Female - Male	Traditional Poomsae
3:45pm - 4:00pm	Under 60 Female - Male	Traditional Poomsae

Schedule provided is subject to change and are estimated time slots. Any changes will be announced in our Ong's Taekwondo Facebook account and at our livestream chat. Thank you and good luck to all the players!



**May 8, 2021 Saturday**  
**Live Streaming starts at 10:00am ( EASTERN TIME ZONE )**

 [CT2-EP1 Link](#)      **COURT 2 - EPISODE 1**

**TRADITIONAL / SPORTS INDIVIDUAL POOMSAE**

Time	Division	Poomsae Class
10:00am - 10:10am	OPENING REMARKS	
10:10am - 11:30am	Youth (10-11) Female - Male	Traditional Poomsae
11:30am - 11:40am	Tiger (8-9) Female - Male	Sports Poomsae
11:40am - 12:10pm	Youth (10-11) Female - Male	Sports Poomsae

**May 8, 2021 Saturday**  
**Live Streaming starts at 1:30pm ( EASTERN TIME ZONE )**

 [CT2-EP2 Link](#)      **COURT 2 - EPISODE 2**

**TRADITIONAL / SPORTS POOMSAE**

Time	Division	Poomsae Class
1:30pm - 1:40pm	OPENING REMARKS	
1:40pm - 2:10pm	Cadet (12-14) Female - Male	Sports Poomsae
2:10pm - 2:30pm	Junior (15-17) Female - Male	Sports Poomsae
2:30pm - 2:50pm	Under 30 Female - Male	Sports Poomsae
2:50pm - 2:55pm	Under 40 Female - Male	Sports Poomsae
2:55pm - 3:10pm	Under 50 Female - Male	Sports Poomsae
3:10pm - 3:15pm	Under 60 Female - Male	Sports Poomsae
3:15pm - 3:45pm:	Traditional Poomsae Pair Event <b>Novice, Advanced</b> , Blackbelts	
3:45pm - 4:00pm	Traditional Poomsae Team Event <b>Novice, Advanced</b> , Blackbelts	
4:00pm - 4:10pm	Open Poomsae Female - Male ( ALL AGES )	

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